The Impact of the NISL Executive Development Program on School Performance in Massachusetts: Cohort 2 Results

July, 2011

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School leaders are increasingly being asked, whether by rhetoric or policy, to measurably improve student achievement. The resultant need to assi school leaders in their ability to improve teaching and learning for all students in their schools led to the establishment of the

Results. Designed to be highly interactive, training sessions use simulations and assignment of "pre-work" and applications ("homework") to participants.

Prior evaluations of the Executive Development Program prove that the NISL program can be implemented economically and with high fidelity (Meristem Group, 2009). Perhaps more importantly, the research indicates that positive student achievement patterns have been associated with program participation by school leaders. However, these prior studies have used descriptive or correlational designs lacking comparison groups or strong controls over sample selection bias.

More recently, Nunnery, Yen, and Ross (2011) conducted a carefully matched comparison-group ex post facto design to examine NISL program effects in Pennsylvania. Their findings indicate that program participation by school leaders was associated with statistically significant improvement in student achievement for both mathematics and reading over a four-year period. A study of schools from 2006-2009 in Massachusetts represented a further enhancement in the rigor of the evidence regarding potential effects of the NISL program, as it also is based on an ex post facto, matched comparison design (Nunnery, Ross, and Yen, 2010). Preliminary estimates in the initial report found that NISL schools consistently surpassed the comparison schools in math achievement gains at a statistically significant level from 2006-2009, although no statistically significant effects were observed for English Language Arts performance at that time. For identification purposes, we will define schools in the initial report as Cohort 1 schools. This interim report includes a similar analysis of NISL schools compared to schools across the commonwealth of Massachusetts. The tFvis i-13(0 0 1 72.3ETBT1 0 07 EP1)-6(c)4(omh9.)4

The research questions addressed here were:

1. How did the 2007-2010 trends in school level performance in mathematics differ between schools served by Cohort 2 of the NISL-trained principals and comparison schools at the elementary and middle school levels?

2. How did the 2007-2010 trends in school level performance in English/Language Arts (ELA) differ between schools served by Cohort 2 of the NISL-trained principals and comparison schools at the elementary and middle school levels?

3. How did trends in math and ELA performance differ between Cohort 2 NISL schools and the Commonwealth as a whole?

A total of 46 elementary, middle, or elementary-middle school principals participated in cohort 2 of Massachusetts' NISL program. The analysis sample included only those schools whose principal began the NISL program in 2007, completed the NISL program, and remained at the same school from 2007 through the end of the 2010 school year. Of the 46 participating principals, complete test and demographic data were unavailable for 17% ($n = 8$) of the schools represented by those principals. The final analysis sample included 38 NISL schools and 977 comparison schools at the elementary, middle, or elementary-middle school level.

Schools were classified into grade-

as elementary schools. Schools serving grades five-, six-, or seven- to eight were classified as middle schools, and schools serving grades three- or four- to eight were classified as elementary-middle schools.

The outcome measures included in the analysis were standardized scores (z-scores) computed from raw scores on the Massachusetts Comprehensive Assessment Program tests in English/Language Arts (ELA) and mathematics. Z-scores were computed separately for each grade level by subtracting the state-mean from each individual student score, then dividing the difference by the state-wide standard deviation. Individual z-scores were then aggregated across grade levels served by each school, resulting in a single school performance index reflecting the mean z-score for all tested students within each school. These performance indices were used as the outcome variables in the analyses.

Standardized mortality ratio (SMR) weights were used to construct a matched comparison group to analyze the impact of the NISL program. SMRs are a calculation of the observed values of a population and values which would be expected, based on certain population characteristics (Fleis, 1973). For example, SMR weights can be applied to comparisons of assessment scores of a study sample to those of a standard population, taking into account traditional demographic indicators such as socio-economic, special education, and/or Limited English Proficient (LEP) status (Fleis, Levin, and Paik, 2003). To calculate the SMR, a binary logistic regression was conducted using the treatment group indicator (NISL or comparison) as the outcome variable and 2006 ELA and math scores and the proportional values of each school's population of free- or reduced-price lunch, special education, and LEP students

as predictor variables. The predicted probability variables derived from the binary logistic

regression were saved for use in the construction of the SMRs.

Then, the SMR was calculated for each comparison school ($n = 1,189$) by dividing the

school's predicted probability by one minus the predicted probability. The SMRs were then

normalized for each comparison school by dividing the SMR by the group SMR mean. The

normalized SMRs for all NISL schools ($n = 38$) were coded as one. The dataset was then

programmed to use the normalized SMR values as weights in the subsequent analyses. An

examination of the mean values by group (NISL/comparison) revealed that the groups were

essentially equivalent, using the normalized SMR weights, prior to the implementation of the

NISL program. Table 1 reports the mean weighted values by group for the 2006 ELA and math

z-scores, free- or reduced-price lunch proportions, special education proportions, and LEP

proportions.

Table 1

Mean weighted values on matching variables by NISL and comparison group

	NISL		Comparison	
	$n = 38$		$n = 1,189$	
	M	*SD*	*M*	*SD*
2006 ELA z-score	-.54	.40	-.55	.51
2006 math z-score	-.48	.40	-.49	.50
FRL	.69	.24	.69	.27
Special Education	.20	.10	.20	.10
LEP	.13	.11	.13	.12

To determine trends in school level performance for math and ELA in NISL schools and comparison schools, we conducted two 2 (NISL status) x 3 (school level) x 5 (outcomes from 2006-2010) repeated-measures analyses of variance. To compare math and ELA trends for NISL and comparison schools for the Commonwealth as a whole, two 2 (NISL status) x 5 (outcomes from 2006-2010) repeated measures analyses of variance were performed. Box's test of equality of variance and Levene's test of homogeneity of variance were analyzed to test model assumptions. Where these were violated, the Greenhouse-Geisser correction was performed to yield conservative inferential tests of program effects. Cohen's *d*

Table 2

Mean unweighted

Levene's test of equality of variance indicated that this assumption had not been violated for the math analysis, but Box's M test showed a possible violation of the equality of covariance matrices assumption ($F_{15573,15} = 2.29$, $p = .003$). Therefore, the Greenhouse-Geisser correction was performed. The test of within-subjects effects revealed a statistically significant interaction of trends in mean math scores and NISL program status ($F_{4,1009} = 3.59$, $p = .01$). Tests of within-subject contrasts revealed a statistically significant linear component to the interaction ($F_{1,1012} = 8.44$, $p = .004$). Follow-up multivariate analysis of variance indicated that NISL schools and comparison schools did not statistically significantly differ in math z-scores in 2007, 2008, or 2009. However, in 2010, NISL schools had statistically significantly higher positive growth than comparison schools ($F_{1,1013} = 10.27$, $p = .001$), as indicated in Figure 1. This difference results in

Table 3

Mean SMR-weighted scores by NISL status and subject area with estimated effect sizes

	2006	2007	2008	2009	2010	Effect Size

The present results extend the findings from the prior Pilot Cohort study in Massachusetts (Nunnery et. al., 2010a). This

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